Fr. Robert Spitzer: Science Proves Existence of God, Our Immortal Souls

By Christine Corbett Conklin

At a time when many young people are losing their Catholic Faith, it is crucial that we educate them in the profound way in which science supports the existence of God and indeed, our immortal souls.

That was the message of Father Robert Spitzer, S.J., director of the Magis Center in California, in his keynote address to the Celebration of Faith event at the Yakima Convention Center earlier this month.

“Our kids today are facing a crisis that we didn’t have to face,” said Spitzer, who is the former president of Gonzaga University. “Forty-four percent of our kids will lose their faith in God … The percentage is going to get higher.”

Today’s culture is “pounding it home as hard as they can” that Jesus Christ is not even real, that faith is all “a bunch of baloney,” he noted. Many believe that science is all we need to rely upon, and that it disproves the existence of a Supreme Being and of our immortal souls. “We need Catholic schools to debunk the myths.”

Spitzer has been working with Bishop Joseph Tyson and educators from throughout the Diocese of Yakima to introduce a supplemental curriculum for Catholic middle schools, high schools and Confirmation programs that helps young people understand that faith and science are not contradictory.

Popular belief would lead you to think that most scientists are atheists, Spitzer said. Yet, studies have shown that 51 percent of scientists and a whopping 77 percent of physicians believe in God. In addition, some 70 percent of physicians are moderately active or active in practice of faith, he said.

Tracing back to the beginning of time, the culture would have us believe that nothing existed before physical reality, Spitzer continued. Yet, “physical reality did not cause itself to exist! There has to be a force to create,” he stated.

Today’s culture also would contend that the soul doesn’t exist. Yet, we know from countless near-death experiences reported in first-rate medical journals that this is not so.

“‘There’s enough verifiable data to show that you have a transphysical soul’ that will leave your body when you die, Spitzer said.

There is also “terrific historical evidence that Jesus existed,” he stressed, even including documentation from “enemies of Christianity.”

The Shroud of Turin, which is believed to have been Jesus’ burial cloth, is the most remarkable piece of evidence. Thoroughly scientifically tested, the Shroud contains a “perfect, 3-D photographic image” that required six to eight billion watts of energy from a single burst lasting only one 40-billionth of a second to produce, he explained. “That is the evidence of Jesus’ Resurrection!”

In so many ways, science supports and underlines the tenets of our Catholic Faith, Spitzer said. “Our kids deserve to know it … that their Faith can be vouchedsafe.”

The Celebration of Faith is an annual event sponsored by the Central Washington Catholic Foundation.

Cornerstone Conference Stresses Working Together for Life and Justice

By Monsignor Robert Siler

Imagine looking at a glove lying on a table. If you had never seen one, you would have no idea of its purpose. But if you tried it on, you would understand its purpose and destiny. Bishop Frank Caggiano told participants October 18 at the Third Cornerstone Conference in Tacoma.

“The human person is the perfect receptacle to receive the very life of God,” said Caggiano, Bishop of Bridgeport, Conn., since 2013. The revelation of God’s plan for us, first detailed in the Book of Genesis and lived perfectly by Jesus Christ, is the foundation for respecting and protecting the human person, from conception to natural death, he said in the conference’s opening keynote address.

Started in 2014 to bring together the Catholic Church’s core life and justice issues in a comprehensive manner, this year’s theme focused on “Working Together.” More than 700 people attended the event, which Seattle Archbishop Paul Etienne opened with prayer amidst a rain and windstorm that provided an additional challenge for attendees.

By the time the conference closed with Mass the next evening, the rain and wind had given way to sunshine and blue sky, perhaps symbolic of the hope noted by Bishop Caggiano amidst the challenges.

“The Gospel of Life is not a Chinese menu, it is the whole menu,” said the bishop, a second-generation American whose immigrant parents, with elementary school educations, came to the United States in 1958 to seek a better life for their family. That menu includes beginning- and end-of-life issues such as abortion and euthanasia, as well as middle-of-life issues such as the death penalty and immigration.

and Confirmation programs that helps young people understand that faith and science are not contradictory.

Poorly illiterate, lack of clean water, civil unrest, slavery, crime, human trafficking, discrimination … in this very broken world there are countless lives that are profoundly challenged. To walk with them in love is to live the Gospel of life,” Caggiano said. “The mother and son who swim the ocean to save the church!” Caggiano said. The proper mindset that “my zeal and preferences … are going to lose ground in the world … sometimes making progress in inches, and losing progress in miles?”

Caggiano asked. First, he highlighted the continued rise of secularism throughout the world that puts the human person, and not God, at the center of life. Second, he also noted continuing tensions in the Church.

“Our Church is fracturing, it is dividing. It is a scandal, it is eradicating our ability to fight for the Gospel of Life,” he said. Divided camps with differing theologies, liturgies, favoring different popes, with a mindset that “my zeal and preferences … are going to lose ground in the world … sometimes making progress in inches, and losing progress in miles?”

Caggiano asked. First, he highlighted the continued rise of secularism throughout the world that puts the human person, and not God, at the center of life.

“We cannot dismiss our differences, but like any good family, we sit together, and we work them out.”

Amidst the challenges, what are signs of hope? Caggiano pointed to the zeal he has encountered time and again since 2008 through participating, as a bishop, in World Youth Day celebrations. “I have great hope for the young … their creativity, generosity, courage, their willingness to enter into the fray,” he said.

“Many are disengaged because they haven’t found a cause, they haven’t found a leader to bring them into battle. They will come by the millions and it is the Gospel of Life that will invite them,” he said.

Can we be humble and allow them true leadership? Caggiano recounted leading a group of pilgrims from his diocese to the

Continued on page 3
Dear Friends:

We are just coming off two very full weekends of faith formation. Our annual October Church Mission Congress, October 12, featured Fr. Robert Spitzer, S.J., in English and Fr. Jaime Chacón in Spanish, tied to the Credible Catholic series available to all of us. It shows the connections between our faith and the sciences. It’s available by going to the website www.crediblecatholic.com or www.catolicocreible.com. This grows from the professional work we did October 11 with our school educators, our clergy and our lay leaders on the study the Center for Applied Research in the Apostolate did with St. Mary’s Press, one of our religious education text publishers, titled “Going, Going, Gone...,” on the exodus of young people from the Church. The average age of departure is 13 and the main reason: young people believe that faith and science contradict each other.

Of course nothing could be further from the truth in terms of our Catholic Faith. It was the great Benedictine Abbot Gregor Mendel who crossed the colorful poppy flowers and first developed genetic theory. Genetic markers are what archeologists examine on bone fossils to look for speciation and evolutionary development. The Jesuit, Fr. Georges Lemaitre, first observed the expanding universe through red and blue shifts when observing the stars. He collaborated with Albert Einstein as he developed the “Big Bang Theory.” A Catholic, Louis Pasteur, became the father of bacteriology and as a result of safety improvements tied to his work, our milk products are referred to as “pasteurized.” The list could go on. I can’t think of another priest who has done more to draw connections between our faith and the sciences than Fr. Robert Spitzer, which is why I am so grateful for his time with us this October.

Next year, on Saturday, Oct. 10, 2020, our Church Mission Congress will continue this thread with the theme “Youth and Life.” I will be writing more about this theme in upcoming issues of the Central Washington Catholic. But coming off the October 18–19 Cornerstone Conference unitying the teachings of the Church on Life with the teachings of the Church on Justice, I want us to see the “reasonableness” of the Church’s teachings on the bookend issues of abortion and euthanasia as well as the way they frame all issues of social justice in our Church’s teaching. Our teachings use reason to bring together issues of life with issues of social justice.

The bishops of Washington State hold our state-wide “Cornerstone Conference” every two to three years in Tacoma with the explicit purpose of drawing together all of our Church’s teachings on life and bioethics with all of our teachings on social justice. At the heart of this conference is our Catholic bishop-led initiative of PREPARES, which walks the journey of life with the unborn and their mothers for the first five years of life. The program not only counters abortion but counters many of the reasons for abortion such as poverty, lack of legal status and therefore a lack of resources to raise a child, the need for parent support and even parenting classes, and the experience and wisdom of other moms. PREPARES brings together life issues with issues of justice with wrap-around support and love for the moms, the children as well as dads and extended families.

Our Cornerstone Conference in 2014 launched PREPARES as a way of providing catechetical formation and support for what we are doing in favor of the gift of life. With this year’s theme, “United for Life and Justice,” our most recent Cornerstone Conference featured Bishop Frank Caggiano, who spoke about the beginning- and end-of-life issues as most weighted in our Catholic social teaching but, at the same time, the importance of embracing the entire spectrum of Church teaching around such issues as poverty and justice.

Many of the mothers who attend the group, “Learn, Explore, Love,” do not need diapers, but PREPARES serves another type of poverty through this group. Mother Teresa called it “the poverty of loneliness.” Most of the participants are invested in the group and come to every event. “The moms make delicious and very beautiful traditional Japanese desserts.” Last year, PREPARES had an average of 12 families with young children almost every Thursday in this group.

You can reach PREPARES at (509) 946-4645 in Richland, or (509) 853-2768 in Yakima. Seattle Auxiliary Bishop Eusebio Elizondo delineated the difference between the “divine law,” the “natural law” and “civil law.” There is a certain tendency among some Catholics to overvalue “civil law” and under-appreciate the “divine law” and the “natural law,” leading to a distortion of opinion about the Church’s teachings on immigration. The same dynamic of skewing can be present from some Catholics with regards to abortion. Abortion may be legal but it is not consistent with either the moral “natural law” or the “divine law” revealed by God.

As I have said before, Washington is the only state to have legalized abortion by popular ballot before the 1973 United States Supreme Court decision Roe vs. Wade. As such, should this decision ever be reversed, the question of abortion would return to the states, which means Washington State would still have legal abortion. Thus, with PREPARES we provide an uplifting and inspiring way of collaborating with our parishes and our valued ecumenical partners to give a positive witness of what a pro-life culture can look like and how it can feel.

But right now, I am especially concerned that our statewide conferences on our life teachings are not readily accessible in Spanish. Thus, many of the themes touched upon regarding abortion, the unique history of legalized abortion in Washington State as well as our Church’s response through PREPARES are not fully penetrating our Spanish-speaking Catholic community. This is why many of the themes of life and justice touched on at this last Cornerstone Conference will be thread forward to next October’s Church Mission Congress.

So, for those of you who traveled to Tacoma for this year’s Cornerstone Conference, thanks for coming! For those of you who came to hear Fr. Robert Spitzer and Fr. Jaime Chacón at our Mission Congress, thanks for coming, too! To all of you, mark your calendars for Oct. 10, 2020 when we will bring these great themes together in both Spanish and English and provide everyone an opportunity to learn about the Church’s great mission here in Washington State to uplift the gift of life!

With every best wish and blessing,

Yours in Christ,
Most Reverend Joseph J. Tyson
Bishop of Yakima

PREPARES Also Serves ‘Poverty of Loneliness’

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If you have been abused or victimized by a member of the Catholic clergy, please believe in the possibility for hope and help and healing. We encourage you to come forward and speak out.

The Yakima Diocese has a sexual abuse hotline for those who wish to report some incident concerning that issue as regards a bishop, priest, deacon or diocesan employee or volunteer. (888) 276-4490

"We entered through the gate, and there was absolute silence. We walked into the field … One young man asked another, ‘what do we say in the presence of such evil?’ Another young man said ‘We pray.’ I let them take the lead in that prayer,” Caggiano said. “It was a sign to me that the young Church was ready to go … to lead.”

Opening the second day of the conference on Saturday, Sister Miriam Heidland, SOLT, a Western Washington native and one-time Division One collegiate athlete, spoke about the need for all to find healing in Jesus Christ as the “Living Lord who cares for you.”

Building on the image of a cornerstone as the first stone set in a building, which all other stones are placed in reference to, determining the structure as a whole, Sr. Miriam reminded participants that Christ is the cornerstone of our faith. Quoting the Catechism of the Catholic Church, she noted that we are “someone, not some thing … created for communion and relationship.”

Sr. Miriam recounted her own history of alcoholism and trauma, and the help she received from a priest who never stopped praying for her and reaching out. Eventually, she underwent a deep conversion and embraced a religious vocation. But after all that, she realized there was more work to be done as she began ministering in the Church.

“Suffering that is not transformed is transmitted,” she said, noting times that she inadvertently passed along elements of her past to those she was called to serve. She found healing in Jesus Christ as the “Living Lord who cares for us.”

Yakima Bishop Joseph Tyson previewed a new video highlighting the work of PREPARES, the pro-life initiative of the states’ bishops and Catholic Charities agencies launched in 2014 (see Bishop Tyson’s related column on page 2).

Sr. Norma recounted a recent visit to Our Lady of the Desert Parish in Mattawa to celebrate a significant anniversary of the parish. The Mass included a procession of symbolic gifts, and the last gift presented, by a PREPARES volunteer, was a woman and her family who said “yes” to the gift of life, was a child.

Bishop Thomas Daly of Spokane recounted the Spokane roots of PREPARES, in a model parenting program offered through Catholic Charities there for many years, but focused his remarks on the Church’s urgent need to find effective ways to minister to youth and young adults. A key insight from recent studies is that “Faith has to be lived in families to help young people stay,” Daly said. “Young people listen to their mothers … but they watch their fathers.”

Seattle Auxiliary Bishop Eusebio Elizondo spoke eloquently about the need to support immigrants (see Bishop Tyson’s column for more information), while Seattle Auxiliary Bishop Daniel Meugengboub recounted four key arguments often used to try to weaken religious liberty protections in our country, along with four persuasive arguments to counter those attempts (check the Washington State Catholic Conference website, www.theWSCC.org, periodically for links to all the conference presentations).

After a second round of workshops, Sister Norma Pimentel, MJ, offered the final keynote address regarding immigration. The long-time executive director of Catholic Charities of the Rio Grande Valley in Brownsville, Texas, Sr. Norma has assisted more than 150,000 immigrants.

Her work has been recognized and honored by Pope Francis, and she has received Notre Dame University’s Laetare Medal, one of the nation’s highest honors given by a Catholic institution.

“It is a privilege to be in this country, but it must be a country that respects the sacredness of all life. Defending life is our responsibility … negative rhetoric has divided us,” she said.

While crime needs to be effectively controlled, Sr. Norma noted that most immigrants coming to the border are “asking for an opportunity for life … if we don’t encounter them personally, we can’t understand them.”

More restrictive immigration laws are making that personal encounter more difficult, if not impossible, she added.

Sr. Norma encouraged participants to advocate for change and for united efforts to solve problems here and in countries where conditions force people to leave lands that they love in order to adequately provide for their families. “It is easy to stop those who aren’t criminals, because they don’t run away,” she said.

When asked how each of us can get involved, she offered three points: 1) Reach out to immigrants already in the country. “They need your help, and many are alone,” she said. 2) Reach out to your elected officials, and advocate for change. 3) Come to the Rio Grande Valley for a visit to learn more.

Celebration of Faith

Bishop Tyson and Emeritus Bishop Sevilla with Special Honoree Msgr. Perron Aveve

We asked for your help in opening the doors for our kids to come to know Christ – and you gave generously.

Today we are only $3,000 away from the goal of once again providing $200,000 in support of faith education for our parishes and schools. We are deeply grateful!

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Relics of Saint Pio Coming Soon

It’s almost time for the display of relics of St. (Padre) Pio. The display is planned for Thursday, November 7, in Yakima.

The relics, which recall the life of St. Pio, an Italian friar and priest who bore the “stigmata” or replicas of the wounds of Christ in his hands and feet, will be made available for the public to venerate. That day, Bishop Joseph Tyson will celebrate a special Mass at 10:30 a.m. at Holy Family Church, followed by a display of the relics there until 7:30 p.m.

The display will include St. Pio’s glove, a lock of hair, his mantle, a handkerchief and evidence of the blood from his stigmata.

Padre Pio died in 1968 and was canonized by Pope John Paul II in 2002. His feast day is September 23.

Churches Plan Holiday Fests

Two churches in the Diocese of Yakima have announced plans for upcoming holiday fests.

Our Lady of Lourdes Church in Selah will hold its annual Holly Jolly Bazaar on Saturday, November 3. The event is planned for 8 a.m. to 3 p.m. at the Church, 1111 West Fremont Avenue. Vendors with handcrafted items and Christmas décor, raffles and lunch will be featured.

Holy Family Church in Yakima is planning a Holiday Festival on Saturday, November 23. The hours are 8 a.m. to 3 p.m. at Queen Gym at 56th and Chestnut avenues and at the Holy Family Gathering Hall at 56th and Tieton. Items from more than 100 crafters, lunch, espresso and raffles will be offered.

Spiritual Journey Set for Spring

You are invited to join “A Spiritual Journey to Mexico,” planned for next Spring, to include the first Mass of newly ordained Father Edgar Quiroga.

The eight-day journey, from May 27 to June 3, will be under the spiritual direction of Bishop Joseph Tyson and Fathers Felipe Pulido and Cesar Vega.

Highlights of the trip will include the Martyrs’ Sanctuary, near Guadalajara; the Basilica of Our Lady of Zapopan; Tectalitlan, Jalisco for Father Quiroga’s Mass; Tulpetlac, where Juan Diego’s uncle was cured; and Mexico City, including the Basilica of Our Lady of Guadalupe.

For more information, contact Father Pulido through the diocesan number, (509) 965-7117, or email fpulido1@gmail.com.

Publicize Your Event

Does your parish or Catholic organization have a bazaar or other event planned for the Christmas season? The Central Washington Catholic staff would be happy to help publicize your upcoming function!

Send your information to robert.siler@yakimadiocese.org by November 4 for the next issue which should be distributed in parishes the weekend of December 7-8.

How Much Influence Does The Popular Culture Have On You?

By Christine Corbett Conklin

Maybe you’ve seen that fast-food commercial that proclaims, “You can do and you can say anything you want. Live your life and I’ll live mine any way I want.” You can have and you can take anything you want “… This message may be designed to emphasize the variety in the advertiser’s food menu, while sending a message of acceptance for all customers. However, the subliminal message is typical of today’s culture, which, in so many ways, is contrary to what our Catholic Faith upholds.

Consider the following 10 influences of the popular culture. How do they affect you and your family? How can you more closely follow Christ instead of the culture?

1. More stuff does not bring true happiness. Everyone wants loot; there are advertisements for accumulating more stuff. People seem to love it latest with the iPhones or athletic shoes. There is pressure to “have it all.” However, for true and lasting happiness, try giving to others. Whether it’s a gift of your time in helping a child, pitching in to make sandwiches for the homeless or donating to your favorite charity, try something new.

2. Less is not more in clothing. Those same ads, from perfume commercials to clothing ads, also seem to send the message that less clothing is better. These ads undermine respect for the human body as a creation of God. Rather than follow the trend, try to choose clothing that sets a good example for others. Remember this example, too, whenever you go to church, showing respect for God.

3. And speaking of God… Have you also noticed how, from everyday conversation to movies, books, and YouTube videos, God’s name has taken the place of common expressions, like, “Oh, darn?” Saying “Oh (God’s name),” has become the go-to expression for happiness, anger, frustration and embarrassment. Check your family’s habits and teach respect for God’s name.

4. How many gods are there, again? Today’s culture also gives the impression that everyone, like the commercial says, can “do anything you want.” We become like little gods, without any rules or standards. So, where does worship of the one true God fit into this picture? Make a habit of going to Mass each week with your family or friends, to focus on humility and put things back in perspective.

5. And who says people are disposable? From the trend for women to “brag about their abortions” to our State’s “assisted suicide” law, there is widespread disrespect for the sanctity of life in our popular culture. Help to change this trend by reaching out to offer support for a pregnant woman through the PREPARES program, supporting Students for Life or showing kindness to someone aged or infirm.

6. So, there IS love after age 30? Parents and grandparents seem to be additional victims of the culture?

7. Why even bother to have children? An extension of this is a desire of many young couples to be open to having a pet, but to put off having children, perhaps forever. Many today regard children as expensive, a lot of trouble and an interference with the good life. The commercials to save human babies from abortion? As human beings, or perhaps even beyond. Where are the commercials to save human babies from abortion? Only human beings are made in the “image and likeness” of God.

8. Why even bother to have children? An extension of this is a desire of many young couples to be open to having a pet, but to put off having children, perhaps forever. Many today regard children as expensive, a lot of trouble and an interference with the good life. The commercials to save human babies from abortion? As human beings, or perhaps even beyond. Where are the commercials to save human babies from abortion? Only human beings are made in the “image and likeness” of God.

9. Sex is not a recreational activity. Today’s culture seems to regard sex as just another alternative to a movie or going out to eat. It’s just for fun, nothing more. Yet, according to God’s plan for us, sex is designed as an expression of love between a married man and woman, with an openness to having children. The risks of making it something less are great.

10. There’s nothing wrong with practicing your Faith. Sometimes, it seems as though the more edgy the behavior and lifestyle, the more respect that is given in the popular culture. Don’t fall into this trap. There are eternal rewards ahead for those who believe in God and reflect that belief in the way they live their lives. Hold on to your Catholic Faith. Share the Faith with others. It is a priceless gift.

Annual Catholic Appeal Helps Us Live Our Mission of Charity

Did you know? The ACA began in 1979, which means that this year we are celebrating 40 years! The Diocese of Yakima can’t thank you enough for the extraordinary impact we have accomplished together in our ministries and the mission of the Church.

The theme for the 2020 ACA is, “Living our Mission of Charity,” because when we put Christ first in our lives, we inevitably spread His love to our brothers and sisters. There are so many wonderful things happening throughout the Diocese. We ordained one young man to the priesthood (Rev. Kurt Haley) and one transitional deacon (D. Edgar Quiroga). Our ministries are growing. We are finding ways to help the Spanish and English communities grow closer together.

Once a year, Bishop Tyson asks each of us to make a prayerful and sacrificial gift to the ACA, which funds the programs and ministries offered by the Diocese.

How do you make a difference by giving to the Annual Catholic Appeal?

✓ You educate future priests and deacons.
✓ You bring Christ to college students at Central Washington University.
✓ You nurture the literary growth of migrant children through Literacy Wagon.
✓ You reach people in the margins who could not otherwise attend Mass and receive the sacraments through Migrant Ministry.
✓ You help preserve our local Catholic history at the Ahtanum Mission.
✓ You make this monthly newsletter, the Central Washington Catholic, possible.
✓ You provide the opportunity for your parish to receive a rebate to use locally.
✓ You are the face of Christ for others!

Now it is time to act:
1) Write your check and don’t set the letter aside and forget about it.
2) Plan to make your gift on November 2 and 3 during the Pledge Weekend in your local parish.
3) Give online at www.yakimadiocese.org, click on the ACA donation link.
4) Remember the Diocese of Yakima in your daily prayers and pray for the success of the ACA!