



CENTRAL WASHINGTON CATHOLIC

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OCTOBER 2018 *Letter*

The Rosary: A Powerful 'Sacramental' For The Ages

By Christine Corbett Conklin



The Angel Gabriel's appearance to Mary is the focus of the first Joyful Mystery, The Annunciation.

A simple string of beads with a small crucifix has served as a powerful aid to prayer within the Catholic Church for many centuries.

To mark October, the Month of the Rosary, Very Reverend Michael Ibach, Judicial Vicar for the Diocese of Yakima, explained the history and significance of this familiar "sacramental" of the Church.

Father Ibach observed that "a form of the Rosary extends back to the early Church." Though not as formalized as today's devotion, there were prayers invoking Jesus and Mary, allowing people to meditate upon these holy lives and reminding them of God's mercy.

It was St. Dominic who launched the more modern form of the Rosary in 1208, after Blessed Mother appeared to him near Toulouse, France, and gave him a Rosary, Father explained. At the time, St. Dominic was fighting the heresy of the Albigensians who taught that "everything was evil in the world." Dominic traveled among villages, encouraging everyone to pray the Rosary. This led to events such as a victory in the 1213 Battle of Muret, credited to the soldiers praying the Rosary before beginning to fight.

"The Rosary was to be used as a weapon for the reformation of the world,

for the conversion of sinners and heretics," Father said. In a later apparition, Blessed Mother urged the children at Fatima, Portugal, to pray the Rosary for the conversion of Russia.

The system of meditating on certain mysteries of the Rosary while fingering particular beads probably "just slowly developed over the years," Father Ibach suggested. The word "Rosary" means "crown of roses," evoking an image of "weaving a crown of prayers to place on Mary." The Rosary is a "sacramental," or something set apart or blessed by the Church to promote good thoughts and to increase devotion, according to the *Baltimore Catechism*. The 50 Hail Mary beads represent or replace the 50 psalms which priests and monks say in their daily Divine Office.

The mysteries are there to remind us that this is what Jesus did for us to make possible our salvation, and how we've been blessed through Him, Father said.

Continued on page 3

Support ACA As 'Followers of Christ, Disciples of Love'

By Sandra Boguslawski, Annual Catholic Appeal Bookkeeper

Watch your mailbox for your pledge envelope for the Annual Catholic Appeal (ACA)! You may also pick one up at your local parish or give quickly and easily online at www.yakimadiocese.org.

Once a year, Bishop Tyson asks each of us to make a prayerful and sacrificial gift to the ACA, which funds the programs and ministries offered by the Diocese of Yakima. The theme for the 2019 ACA is "Followers of Christ, Disciples of Love." By giving to ACA, you are engaging in discipleship by bringing the love of Christ to thousands of our brothers and sisters across Central Washington.

How do you make a difference by giving to the Annual Catholic Appeal?

- ✓ You educate future priests and deacons.
- ✓ You support the development of educators in our Catholic schools.
- ✓ You bring Christ to college students at Central Washington University.

- ✓ You nurture the literary growth of migrant children through Literacy Wagon.
- ✓ You reach people in the margins who could not otherwise attend Mass and receive the sacraments through Migrant Ministry.
- ✓ You help the Spanish and English communities grow closer together through joint programs such as *Magnificat*.
- ✓ You help preserve our local Catholic history at the Ahtanum Mission.
- ✓ You make this monthly newsletter, the *Central Washington Catholic*, possible.
- ✓ You help in the development of your parish Religious Education staff and volunteers.
- ✓ You provide the opportunity for



your parish to receive a rebate to use locally.

✓ **You are the face of Christ for others!**

The 2019 Annual Catholic Appeal will run from November 1, 2018 through October 31, 2019. The goal for this campaign is \$1,652,208. As of September 30, last year's campaign had brought in \$1,986,299, with \$453,126 already going back to parishes to use in their own ministries and projects.

Plan to make your gift to this year's Annual Catholic Appeal! For questions or additional information, please contact Sandra at (509) 367-5301 or sandra.boguslawski@yakimadiocese.net.

A Message from Bishop Tyson...

Dear Friends:

November is the month we traditionally remember the dead. We begin the month with the Solemnity of All Saints on November 1 followed by the Commemoration of All the Faithful Departed (All Souls Day) on November 2 each year.

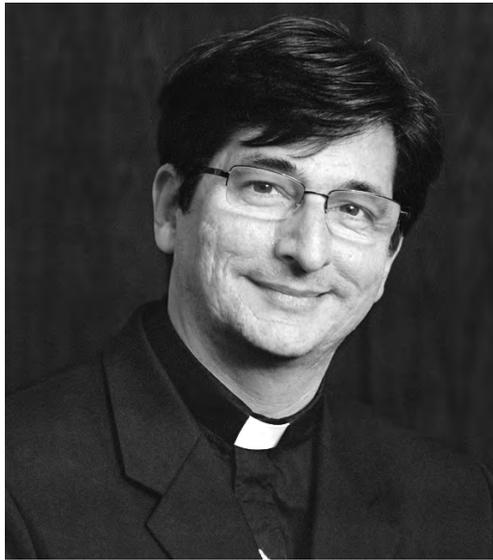
I rarely write about the deceased, but given the climate surrounding the sexual abuse crisis in the Church I wanted to share with you a little about Ken Hoptowit, who died October 2. The local papers covered much of his family life and history. Ken was a member of the Yakama Nation and retired in 2011 as chief of the Yakama Nation Police Department.

Right after his retirement, he accepted an offer to join our Diocesan Lay Advisory Board. In the aftermath of the sexual abuse scandal in 2001, the Catholic Bishops of the United States in its Dallas Charter and the Essential Norms approved by the Vatican to implement it, mandated that every diocese establish a board made up primarily of laity to review credible allegations of sexual abuse of minors made against priests or deacons. In our Diocese, the board reviews allegations of abuse of minors or vulnerable adults not only involving clergy but employees and volunteers as well.

The idea here is that the Church should not be investigating itself. Rather, the bishop should rely on a team of lay people who understand the nature of the Church and also provide expertise based on their professional backgrounds.

I recall Ken talking about his background. It was apparent to me listening to him that he greatly valued law enforcement and the way the law could provide a framework for the Yakama Nation to flourish. It was also obvious that like so many in law enforcement here in Central Washington, it greatly pained Ken to see how many people struggle in our society with addictions, with family strife and with personal struggles. Ken was keenly aware of the interplay with generational trauma and law enforcement. While he loved serving the Yakama Nation, he also was relieved to have someone else carry on after his retirement.

Ken provided valuable advice to our Lay Advisory Board. This was especially evident in sensitive cases such as the removal a little over a year ago of Gustavo Gomez as pastor of the parishes in Granger and Mabton for abuse of a minor. Ken, along with the other advisory



Bishop Joseph Tyson

board members, reviewed the report that law enforcement shared with us after it was determined the case could not be prosecuted because the statute of limitations had expired. Only then did the Diocese conduct its own investigation, using an experienced private investigator under the supervision of Russ Mazzola, the chair of the Lay Advisory Board.

Ken then reviewed the results of that investigation. He interacted and discussed sensitive questions with other members of the board: Dr. Jorge Torres, retired psychologist from the Yakima Valley Farm Workers Clinic; Elizabeth Torres a former youth and young adult minister now involved with farmworker issues who works for the Northwest Communities Education Center and Radio KDNA in Granger; Tom Dittmar, a former Yakima City Council member and also retired from law enforcement; Dr. Mark Maiocco, a physician from Yakima; Russ Mazzola, who I just mentioned, an attorney here in Yakima; and Monsignor Jack Ecker, who is vicar general and pastor of St. Paul Cathedral. Monsignor Robert Siler, diocesan chancellor and episcopal vicar, provides staff support for the group.

Unlike many dioceses in the United States, the Diocese of Yakima and the Lay Advisory Board have protocols to follow in the event of an allegation against a bishop. My predecessor, Bishop Emeritus Carlos A. Sevilla, S.J., established a review by the Archbishop of Seattle, in consultation with the Vatican, in case this occurred. Our board also is briefed on all cases of sexual misconduct regardless of whether a minor or vulnerable adult is involved.

Ken also served on the advisory

board of the Washington State Catholic Conference, a group of lay people who assist the bishops of Washington State on issues of public policy. Every document and every issue about which we bishops write goes through a review process that includes input from clergy and lay representatives from the three dioceses here in Washington State.

One of my more lasting memories of Ken, though it was brief, was at the airport in Yakima. It was an early morning flight. He was with his son. We ended up discussing bicycling. There was a cycling event on the Yakama Nation. It was a reminder to me that the folks who help us in even the most difficult volunteer positions are regular folks with regular families and regular everyday concerns.

Just a couple of days after Ken died, I celebrated the funeral for Lydia Johnson, one of the oldest members of the Yakama Nation. I spoke about Lydia at the funeral but at the announcement time, knowing I could not be at Ken's funeral, I spoke briefly about Ken. After Mass, one of the Yakama elders thanked me for my comments. She said to me that she knew many things about Ken Hoptowit, but she did not know this important and sensitive side to his Church service. She told me most didn't know.

So, I resolved to write this column. In remembering and honoring the witness of Ken, I hope we can remember all the dead who have shown us the way – especially the way to Jesus. Through our prayer, may we draw closer to Ken and all of our loved ones, especially in this month of November.

With every best wish and blessing,
Yours in Christ,

Most Rev. Joseph J. Tyson
Bishop of Yakima

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If you have been abused or victimized by a member of the Catholic clergy, please believe in the possibility for hope and help and healing. We encourage you to come forward and speak out.

The Yakima Diocese has a sexual abuse hotline for those who wish to report some incident concerning that issue as regards a bishop, priest, deacon or diocesan employee or volunteer. (888) 276-4490

The Rosary: A Powerful 'Sacramental' For The Ages *Continued from page 1*

There are currently 20 mysteries of the Rosary. The **Joyful Mysteries** trace the beginning of Jesus' earthly journey with Mary and Joseph, including The Annunciation, The Visitation, The Birth of Christ, The Presentation in the Temple and the Finding of Jesus in the Temple. The newer **Luminous Mysteries**, introduced by Pope Saint John Paul II in 2002, revolve around the ministry and miracles of Jesus. They include the Baptism in the Jordan, the Wedding at Cana, The Proclamation of the Kingdom, The Transfiguration and The Institution of the Eucharist. The **Sor-**

rowful Mysteries focus on the suffering and death of Jesus, including The Agony in the Garden, The Scourging at the Pillar, The Crowning with Thorns, The Carrying of the Cross and The Crucifixion. Finally, the **Glorious Mysteries** highlight the miraculous occurrences following the death of Christ, including The Resurrection, The Ascension, The Descent of the Holy Spirit, The Assumption and The Crowning of Mary as Queen of Heaven.

Although the Rosary was initially meant to be a private prayer, it has also been adopted as a community prayer, Fa-

ther Ibach pointed out. In either case, the Rosary should always be said and used with reverence. If the Rosary string breaks or otherwise becomes damaged, the Rosary should be buried, befitting a sacramental. If hung by a car mirror or around someone's neck, it should not be regarded as a decoration or piece of jewelry, but rather as a symbol of "wanting God to be surrounding me," Father said.

With All Saints Day and All Souls Day rapidly approaching, it's the perfect time to rediscover this simple yet powerful means of devotion!

Youth Convention Is Scheduled

Can you distinguish the difference between fake news and the Good News? He said, she said. #MeToo, false accusations. Alternative news. Live-stream videos. What's trending? Snap streaks. Do it for the 'Gram!

With tons of information at our fingertips, it's easy to become overwhelmed. Join us at the 2018 Diocese of Yakima Youth Convention, November 2-4, where you'll learn how to filter information through the truth that comes only from the Cross. Leave your distractions behind and spend

time building your relationship with Christ with other young Catholics from all over the Diocese of Yakima. Through engaging talks, live music and celebration of the sacraments, you'll come to a deeper appreciation for Jesus Christ, who is THE way, THE truth and THE life.

This year's event will take place at St. Joseph Church, 907 South 6th Street, Sunnyside, beginning at 7 p.m., Friday, November 2, and concluding on Sunday, the 4th, at noon. Daily Mass is planned.

Registration is possible until

November 2, for \$50/ youth, chaperone, group leaders.

The cost includes participation in the conference, t-shirt, lunch and dinner on Saturday and lodging. You may adjust these fees if you want to account for other costs (breakfast/snacks for your group throughout the weekend, travel costs, other supplies, etc.) for your youth group. An invoice will be sent to your parish after the event.

For questions, please contact Melissa Montenegro at (509) 940-1012 or yakimadiocese.ym@gmail.com.



Celebration of Faith Education Funding Available

Looking for college scholarships?
Check out our website for available funding. **Deadline is April 1st**

Does your parish desire to provide a more dynamic religious education experience for your children?
Parish Religious Education Program (PREP) grants provide support for parish religious education programs and Catechists. **Deadline is May 1st.**

Want to send your child to a Catholic school?
Tuition assistance is available for children to attend one of our eight area schools. Contact your local school to learn more. New students may apply from April 1 through June 1.

For more information, go to www.cwcatholicfoundation.org or call (509) 972-3732



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NEWS

From Around the Diocese

November 1 Is All Saints Day

Remember that November 1 is All Saints Day, a Holy Day of obligation in the Catholic Church for which Mass attendance is required. Check your parish bulletin for the Mass schedule.

Those who are ill, homebound or needed for caregiver responsibilities, for example, are excused from this obligation.

November 2, All Souls Day, is another special day within the Church calendar, set aside to pray for our deceased loved ones. Mass attendance is not required on this day, but prayers and other devotions are always encouraged!

Come Pray for Deceased Clergy

All are welcome to attend the annual Mass for Deceased Priests, Bishops and Deacons, scheduled for 5:30 p.m., Tuesday, November 20 at St. Paul Cathedral in Yakima.

This is an excellent opportunity to pray for the many clergy members who have served our Diocese over the past decades.

Breakfast With Santa Is Scheduled

The Catholic Daughters of America will hold their annual Breakfast with Santa on Saturday, December 8, in the Father Murtagh Gathering Hall of Holy Family Church in Yakima.

The event, which runs from 8:30 a.m. to 11 a.m., will include a pancake breakfast, prize drawings and an opportunity for children to shop for Christmas in a "country store." Families are encouraged to bring their cameras to take photos with Santa.

The cost is \$4 for children age 3 to 12, and \$7 for anyone over the age of 12. Tickets will be available at the door.

Father Bill Watson: How To Make Your Life 'A Sacred Story'

"For true happiness in life, there's only one place to go. Go in where God is waiting for you!"

That's the advice of Father Bill Watson, S.J., founder of the Sacred Story Institute, who spoke at the Central Washington Catholic Foundation's October 13 Celebration of Faith event.

Father Watson, whose work promotes the "revitalizing" of the 15-minute Ignatian Examination of Conscience, spoke to a crowd of more than 500 people gathered at the Yakima Convention Center, detailing his own struggle to transform his life and vocation, growing closer to Christ, "the Divine Physician."

It was on a nearly deserted beach in Northern Ireland, taking a break from a retreat, that Father Watson's own "aha" moment started to take shape, he said. After becoming nationally known for developing religious retreats, he had become "so arrogant," so caught up in the "professional" side of his work, he said. Finally, with some quiet reflection on that beach, prayer, and a chance encounter with a local parishioner who was praying for him, the light began to dawn, he said.

He soon returned to doing the Ignatian Examination of Conscience,



Father Bill Watson, S.J., spoke at the Central Washington Catholic Foundation's "Celebration of Faith" event.

which, according to the Ignatian Spirituality website, includes five steps: giving thanks to God for His love; praying for the grace to understand how God is acting in your life; reviewing your day; reflecting on what you did; and looking forward to how you can cooperate more effectively with God's plan. This examination, along with frequent "mercy-filled" Reconciliation is key, he believes.

Father Watson founded the Sacred Story Institute, based in Seattle, to provide programs and publications to reach the hearts of Catholics and to advance evangelization by helping Catholic adults, teens and youth "encounter Christ, the Divine Physician, who heals us in body, mind and spirit, transforming our lives into a Sacred Story."

A typical program for parishes includes the opportunity for a "whole life confession" after four weeks of intense spiritual preparation as part of 40 weeks of prayer, discernment, and the regular celebration of the Sacrament of Reconciliation.



"The Sacred Story is also our own story," he maintains. "We all want our story to make a contribution and fruit that endures to eternity."

English Language Cursillos Set

Cursillo weekends are scheduled for March 14-17, 2019 for men and March 21-23, 2019 for women at the Retreat Center at St. Joseph Parish in Kennewick. The rector for the men's weekend is Don Divina from Wapato, and the rectora for the women's weekend is Luann Anderson from Cowiche.

This is an opportunity for Cursillistas to become sponsors and encourage any and all friends and family members who are interested in joining the movement to consider attending the weekends. The presentation given

on the weekends will be in English. Additional information can be found on the "Yakima Cursillo Community" website, <http://www.natl-cursillo.org/> or by contacting one of the following individuals:

Don Divina, 140 South Street, Wapato, WA 98951, (509) 877-1295, dcdivina@msn.com

Luann Anderson, 1084 Thompson Rd., Cowiche, WA 98823, (509) 731-6975, luannjander6@yahoo.com

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